Private Alcohol Rehabs in the UK

Alcohol rehab is considered the **best treatment for alcohol addiction**, proving successful for those who may have tried different treatment options in the past. Offering a rigorous, residential programme of support, Port of Call work with the best Private alcohol rehab centres, to ensure the finest level of care. Here, we look at some of the best **treatment facilities for addiction** throughout the UK.

**Private Alcohol Rehab - North West**

The Addiction Treatment Centre, Cheshire offers a variety of **alcohol addiction treatment options**, including detoxification. A peaceful environment coupled with the highest standards of residential care, this treatment facility for addiction caters for 47 individuals, offering inpatient care as well as day care and outpatient services.

Personalised alcohol addiction treatment options are delivered alongside the optional use of a range of complementary therapies. Peaceful landscaped gardens surround this Grade II listed residential centre, which offers private en-suite bedroom accommodation with TV and telephone facilities.

**Private Alcohol Rehab - North East**

The Addiction Treatment Centre, Sunderland is a purpose-built treatment facility for addiction, providing the best treatment for alcohol addiction. This treatment centre has a full clinical detox unit and expertise to cater for clients with complex needs. The centre has 34 single bedrooms, all with televisions and en suite facilities. There is also an onsite gymnasium, a games room, an art room, extensive gardens and a choice of menus.

**Private Alcohol Rehab - South West**

The Addiction Treatment Centre, Weston Super Mare is the longest established 12-Step treatment provider in the UK. The approach here combines the best treatments for alcohol addiction, including counselling and detox with physical and mental healthcare to provide every chance of sustaining long-term recovery. Freshly cooked nutritionally balanced meals, the promotion of good sleep, hygiene and access to Tai-Chi and aerobics all contribute to improving physical health. While complementary therapies are also used as a relaxation aid to reduce anxiety.

**Private Alcohol Rehab - South East**

The Private Addiction Rehab Centre, Essex is a state-of-the-art rehabilitation facility set in picturesque grounds. The treatment programme here focuses on the individual’s needs with the goal of achieving full recovery. Meanwhile, the homely environment includes en-suite bedrooms with televisions; a full-time chef; an on-site gymnasium; holistic therapy room; recreation and relaxation room; exceptional gardens; outdoor recreation space; and around-the-clock care.

If you are considering rehab for you or a family member, you probably have lots of questions. Port of Call is here to help answer these questions and support you through the process of choosing rehab and ultimately securing the right help for you and your family.

**Port of Call** are independent rehab specialists, helping you to find the alcohol addiction treatment option that is right for you. For free and confidential advice call us today on **0800 002 9010**.

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**Facts about substance abuse**